



SPA MENU

EN

FACIAL



LUXURY CAVIAR

The energy of caviar in its purest form. Long-lasting face treatment. ideal for prematurely aged, marked, dehydrated and stressed skin. Expression lines and wrinkles are effectively erased.

80 euro - 40min

FACIAL CLEANSING WITH ULTRASOUND PEELING

Detoxifying action. The water and thermal mud, rich in trace elements, characterize the treatment in synergy with specific active ingredients. To make the regeneration more visible is the deep purification based on ultrasound.

120 euro - 80min

FACIAL TONE WITH COLLAGEN

Toning and soothing action suitable for all skin types.

Treatment that uses the vegetable collagen fleece activated with thermal water, rich in trace elements that give a filling, soothing and toning effect.

90 euro - 50min

PURESENSE FACE- PURIFYING WITH THERMAL MUD

Specific treatment against skin imperfections, dull skin, dilated pores and blackheads. The thermal mud purifies the skin in depth and regulates the production of sebum, smoothing and perfecting the skin tone.

90 euro - 50min

LUMINOUS REWHITE

Ideal for all ages. Innovative treatment that corrects discoloration and signs due to age, sun or imperfections. It makes the face luminous and gives a global anti-aging effect.

100 euro - 50min

MULTIVITAMINIC FACIAL

Preventive action against aging. Suitable for all skins. Thanks to the vitamins presents. It is an excellent help against aging. It improves the elasticity and tone of the skin, making it more hydrated and elastic.

100 euro - 50min

GOLD FACE-HAND ANTI-AGING WITH DNA

Anti-aging, illuminating and moisturizing action.

The treatment involves the use of an innovative line, rich in DNA active ingredients.

To make the regeneration more visible is the deep purification based on ultrasound.

120 euro - 80min

RECREAGE FACIAL

"Beauty secret" treatment for dull skin with skin discoloration, acne and wrinkles. the uniformity of the complexion is intensified, the grain is refined, the discolorations and acne scars are attenuated; the face is visibly renewed and regenerated..

120 euro - 50min

JALURACTIVE ULTRASOUND

TrattamentoNourishing filling treatment. Hyaluronic acid combined with ultrasound technology penetrates deeply giving an immediate tightening effect. Includes complimentary Professional Cream of Coral by Aquaria Thermal Cosmetics.

120 euro - 50min

RADIOFREQUENCY (RESISTIVE/CAPACITIVE) FACE

Plumping treatment that contrasts the natural relaxation of the tissues. It gives an immediate and visual result, lifting effect without being invasive. Includes complimentary recompacting serum by Aquaria thermal cosmetics.

120 euro - 50min

MICRONEEDLING

Non-invasive deep treatment ideal for wrinkles, scars and loss of facial elasticity. Promotes skin regeneration and collagen production, giving tone the skin. Includes complimentary professional nourishing mask by Aquaria Thermal Cosmetics.

120 euro - 50min

BODY TREATMENTS



BODY SCRUB

Body exfoliation with whole Dead Sea salt and Himalayan stones: purifies the skin promotes the absorption of the active ingredients of the following treatment.

70 euro - 25 min

THERMAL MUD

Cosmetic treatment with thermal mud combined with the active ingredients of essential oils chosen from laurel, sandalwood and grapefruit for draining liquids; lavender, helichrysum, jojoba and cypress which give lightness to the legs: mix of trace elements and jojoba oil for a soothing effect.

90 euro - 50 min

DETOX TERMAL CORPO

Thermal hydromassage in a private tub followed by body cleansing with the delicate Aleppo Soap..

90 euro - 50min

BODY EXFOLIATION AND CANDLE MASSAGE

Body exfoliation with vegetable sponge followed by nourishing candle massage with a fresh and enveloping tastei.

90 euro - 50min

SLIMMINIG BODY TREATMENT

Slimming body treatment based on Phosphatidicoline, against localized adiposity and cellulite. The results are visible from the first session.

100 euro - 50min

DiVINO BODY TREATMENT

Body treatment based on BIO wine and grape seed extract with extraordinary antioxidant properties. Gentle exfoliation with savonnage followed by a body massage.

100 euro - 50min

PROFUMI DEL GARDA

A tribute to Lake Garda: body treatment with savonage with thermal mud and olive soap followed by a body massage with Oliva del Garda DOP butter flavored with citrus and lavender.

100 euro - 50min

ALBA DEI SENSI

Sensory wellness treatment of reactivation of the points (energy centers) chakra with essential oil and foot massage of 25 minutes, introduced by the sound of Tibetan bells, with conscious breathing guided by the operator.

The treatment ends with the tasting of herbal tea in the cabin.

90 euro - 50min

RADIOFREQUENCY

Radiofrequency treatment tightens and reshapes the tone of the tissues.

Ideal for combating cellulite and water retention.

130 euro - 80min

ULTRASOUND

Slimming ultrasound treatment.

Ideal for reducing localized fat deposits and draining excess fluids.

130 euro - 80min

MASSAGGES



FACE MASSAGE

Face massage aimed at reshaping the contours of the face, neck and décolleté, favoring drainage and spraying of the skin..

80 euro - 40min

LOCALIZED MASSAGE

Massage that uses a specific essence added to the massage cream, with the aim of regenerating the mind and body of the person who requests it.

70 euro - 25min

RELAX

Specific massage of medium intensity, to relax the mind and improve skin trophism using a delicate thermal water cream

110 euro - 50min

SPORT MASSAGE

It reduces all contractures and tensions that can affect the muscles, prepares the muscle in an excellent way for physical activity by stimulating the microcirculation by relaxing the tissues.

110 euro - 50min

DRAINAGE MASSAGE

Agile circulatory maneuvers that act on the tissues favoring blood, venous and lymphatic return. It stimulates the blood to flow faster, the vessels thus come into contact with the tissues and this activation facilitates the removal of excess fluids..

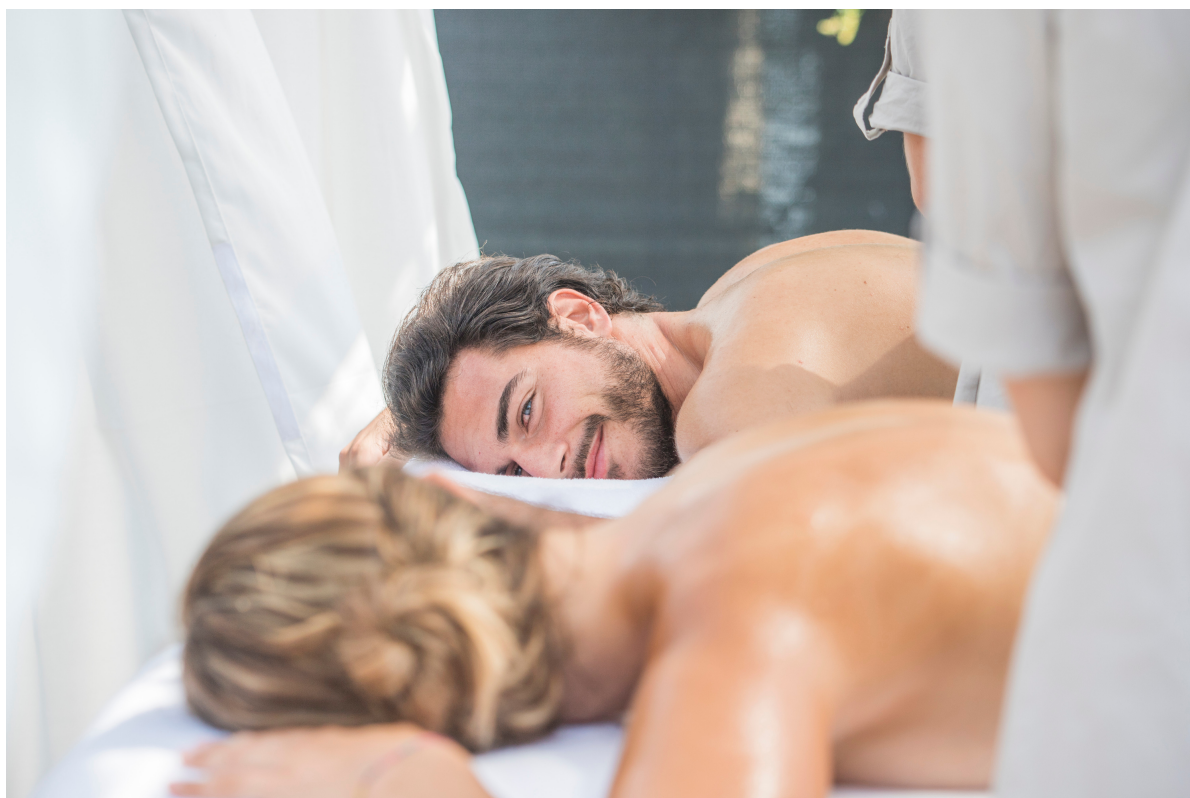
110 euro - 50min

4 HANDS MASSAGE WITH GARDA DOP OIL

The 4-hand massage is an extraordinary treatment that involves synchronized manual skills of two operators that generates a rhythmic and continuous flow.

200 euro - 50min

COUPLES TREATMENTS



YOU & ME MASSAGE - ADULT & KID under 16

Relaxing massage dedicated to parent and child. Sweet and enveloping manual skills relax body and mind.

130 euro - 25min

CANDLE MASSAGE YOU & ME

Aromatic massage in the duet cabin, with a warm massage candle.

190 euro - 50min

THERMAL REGENERATION YOU & ME

Thermal ritual dedicated to the couple: face mask with thermal mud followed by body massage with thermal butters. For home maintenance, free rejuvenating face mud..

200 euro - 50min

GOLDEN RITUAL YOU & ME

Thermal ritual dedicated to the couple: gold face treatment with anti-aging and illuminating DNA followed by a body massage with thermal butters. For home maintenance, complimentary body butter and Garda olive body butter.

260 euro - 80min

MAGIC HONEY YOU & ME

Moisturizing program dedicated to the couple: nourishing face and body mask based on cosmetic honey followed by total body massage..

300 euro - 120min

SPA CASTELLO

Spa with breathtaking views of Lake Garda that we reserve only for relatives.

The Castello Spa includes: Finnish sauna, steam bath, emotional showers, Swedish shower, Jacuzzi tub, indoor and outdoor relaxation area and herbal tea room

70 euro - 50min



MANI E PIEDI

SPA MANICURE	€ 50,00
SPA PEDICURE	€ 60,00
SPA MANICURE WITH SEMI-PERMANENT APPLICATION	€ 85,00
SPA PEDICURE WITH SEMI-PERMANENT APPLICATION	€ 100,00
NAIL POLISH CHANGE	€ 15,00

ESTETICA

FACIAL EPILATION	€ 20,00
ARMS EPILATION	€ 30,00
UNDERARM EPILATION	€ 25,00
HALF LEG EPILATION	€ 30,00
FULL LEG EPILATION	€ 45,00
MALE BACK EPILATION	€ 45,00
MALE CHEST EPILATION	€ 45,00



MIND RITUALS

On request - upon availability

EMOZIONE TERRA FUOCO

In the romantic Castello Spa, inside the steam bath you will wrap yourself in a scrub with flavored sea salts followed by thermal mud, and then relax with a guided meditation for body and mind.

30 mins remain available for the Spa.

Place: Spa Castello
2 people 70 euro - 80min

EMOZIONE ARIA ACQUA

In the romantic Castello Spa, inside the steam bath, you will warm your body to receive a scrub with a hemp glove that will be covered with foam obtained from thermal soap flakes.

30 mins remain available for the Spa.

Complimentary TDS exfoliating glove.

Place: Spa Castello
2 people 70 euro - 80min

RISVEGLIO DEI SENSI

Multisensory experience between lights, sounds, scents in the Vitalitas Private Spa. Choose the essential oil from lavender (relaxing), mint (energizing)

and mountain pine (anti-stress). Your journey continues with your favorite essence to aromatize foot bath, aufguss (jet of steam in the sauna), face mask and relax with guided meditation.

Place : Vitalitas
2 people 50 euro - 50min

ZEN

In the Private Spa Vitalitas with Zen music, simple yoga positions with listening to the breath and in the sauna guided meditation with aufguss (jet of steam in the sauna) and relaxing music..

Luogo: Vitalitas
Per 2 persone 40 euro - 30min

RELAX TIME

Moments of relaxation between aufguss (jet of steam in the sauna), body scrub and Jacuzzi in the Vitalitas Private Spa.

The aufguss or "jet of steam" is done in the Finnish sauna with the aufgussmeister or sauna master, who after having melted ice spheres with 100% pure essential oils on the brazier creates a flavored cloud that spreads with waving techniques with a towel and a fan in time to the music, for a pleasant multisensory experience.

Complimentary TDS exfoliating glove.

Place: Vitalitas
2 people 60 euro - 80min

FACE YOGA

By drawing on Prana, the vital energy, it restores a youthful and harmonious appearance to the face. The skin of the neck and décolleté also appears more compact, the subcutaneous muscles are strengthened and wrinkles are reduced with a lifting and anti-aging effect.

Place: Reparto termale
euro 35 - 45min

FACE YOGA EXCLUSIVE

Like a personal trainer, the Yoga master teaches us the best sequence for the muscles of our face. We learn to use the hands and Prana, the vital energy, through a correct application and self-massage techniques.

Place : Reparto termale
euro 35 - 45min

YOGA DEL RESPIRO

Set of yoga positions and breathing techniques that help to relax, reactivate the vital force and psychophysical harmony.

The experience focuses on managing your inhale and exhale to oxygenate every part of the body.

Place: Terrazza Belvedere/Sala Oleandro
Free- 30min Mind calendar at Reparto Termal

THERMAL WATER YOGA

Yoga is performed in the pool of hot thermal water at approximately 37 degrees which, thanks to the absence of gravity, allows you to take positions with little effort, making it suitable for everyone. It favors the micro and the macro-circulation, muscle elasticity and the assumption of a correct posture, it is also effective against stress, helps control breathing and reduces the level of anxiety.

Place: Thermal Pool

Free - 30min: Mind Calendar at the Reparto Termale

MINDFULNESS

Practice of awareness in which, through a guided meditation, anxiety, insomnia, stress, exhaustion and psychophysical tensions can be dissolved, leaving the person feeling of rediscovered well-being generated by a real organic renewal. The session can also be carried out as a couple

Place: Sala Oleandro

euro 65 - 30min

COUNSELING

An individual psychosomatic path that, starting from a specific psychic and / or physical problem, accompanies you to a greater awareness and ability to respond to stress or a transient difficulty. We intervene on a somatic, emotional and relational level and on an energetic level, considering the aspects most present in everyday life, nutritional habits, sleep rhythms and exposure to different elements of stress.

euro 65 - 30min

TIMETABLES

Thermal Pool
from 9 a.m. to 8 p.m

Reparto Termale
From 8 a.m to 8 p.m

Spa Castello
from 9 a.m. to 8 p.m

Gym
from 9 a.m. to 8 p.m