



## **Treatments Menu**



## **FACIAL TREATMENTS**

### **OXYGENATING CLEANSER WITH THERMAL MUD**

*50 minutes*

*Detoxifying. Suitable for all skin types.*

Water and thermal mud are rich in active ingredients; they are used in this facial cleansing along with products for all types of skin.

€ 70

### **FACIAL TREATMENT WITH THERMAL WATER MASK**

*25 minutes*

The mask is creamy and gel-like and has a fresh and light texture.

#### **Restorative collagen mask**

*Anti-ageing action. Suitable for mature skin.*

#### **Relaxing and soothing mask with plant extracts.**

*Calming and relaxing action. Suitable for sensitive skin.*

#### **Balancing mask with ceramides and witch hazel extract.**

*Balancing and normalising action. Suitable for oily and impure skin.*

#### **Nourishing mask with amino acids and vitamins.**

*Nourishing action. Suitable for dry skin.*

45 €

### **ANTI-POLLUTION TREATMENT**

*50 minutes*

*Anti-pollution action. Suitable for all skin types.*

Latest-generation antioxidant treatment that protects the skin from pollution thanks to a particular molecule that quickly acts on the activation of free radicals in synergy with the thermal water.

70 €

## **GLYCOLIC ACID SMOOTHING TREATMENT**

*50 minutes*

*Smoothing action. Suitable for dull, weak, impure, aged skin.*

Promotes physiological cellular turnover, making the skin smoother, brighter and more compact. Particularly suitable for dull, weak, impure or aged skin or skin with spots. It has a relaxing effect on wrinkles.

70 €

## **ANTI-AGE TREATMENT**

*50 minutes*

*Immediate anti-ageing action. Suitable for mature skin.*

Designed to prevent the common problems affecting mature skin, especially rendering skin more compact and restoring tone. Suitable for mature skin.

Immediate anti-ageing action.

70 €

## **LIGHTENING TREATMENT WITH FRUIT ACIDS**

*50 minutes*

*Antioxidant and lightening action. Suitable for skin which tends to discolour.*

Fruit acids have exfoliating and lightening properties that improve skin tone, making it bright and smooth.

90 €

## **VITAMIN C ANTIOXIDANT TREATMENT**

*50 minutes*

*Antioxidant and plumping action. Suitable for all skin types.*

Stem cells and vitamin C have an important antioxidant action with a revitalising, anti-ageing and plumping effect.

80 €

## **SKIN BIOSTIMULATION LIFTING TREATMENT**

*50 minutes*

*Lifting and plumping action. Suitable for mature skin.*

Skin biostimulation treatment with a stem cell base with a very high penetration capacity, for an immediate lifting effect.

90 €

## **DERMOPURIFYING TREATMENT**

*50 minutes*

*Purifying and calming action. Suitable for impure skin prone to acne.*

Treatment that includes a careful and gentle cleansing of impure and acne-prone skin in combination with specific products with a calming and soothing action.

70 €

## **ANTI-AGE GOLD TREATMENT WITH DNA**

*50 minutes*

*Anti-ageing, moisturising and emollient action.  
Suitable for mature and thickened skin.*

The treatment involves the use of an innovative line rich in active DNA substances, aimed at improving the tone of tissues and preventing skin ageing.

90 €

## **FACE, NECK AND NECKLINE COLLAGEN TREATMENT**

*50 minutes*

*Toning and soothing action. Suitable for all skin types.*

Treatment using the coating of plant collagen activated with thermal water rich in trace elements that create a filling, firming and soothing effect. 70 €

## **PERSONALISED FACIAL WITH THERMAL MUD**

*50 minutes*

*Smoothing action. Suitable for dull, weak, aged skin.*

Treatment including the application of our thermal mud with a smoothing and detoxifying action, which prepares the skin for the active principles of the specific 100% Terme di Sirmione thermal water mask chosen according to the skin's needs.

70 €

## **RELAXING EYE TREATMENT**

*25 minutes*

*Anti-aging, moisturizing and emollient action*

Moisturizing and nourishing treatment, specific for the delicate eye area. It gives a relaxing effect on the lines of expression and a revitalized look giving brightness and elasticity.

45 €

## **MULTIVITAMINIC TREATMENT**

*50 minutes*

*Anti-ageing and emollient action. Suitable for all skin types.*

The multivitamin treatment, thanks to the vitamins, is an excellent anti aging. Improves skin elasticity and firmness, making it more hydrated and elastic.

90€

## **BODY TREATMENTS**

### **AROMATIC WRAP WITH SHEA BUTTER**

*50 minutes*

*Moisturising and restorative action. Suitable for all skin types.*

The treatment combines the nourishing properties of shea butter with aromatherapy for a repairing and sensory effect.

70 €

### **SLIMMING COFFEE TREATMENT**

*50 minutes*

*Reducing action. Formulated to counteract fat and the stagnation of body fluid.*

Reactivating body treatment with the precious properties of coffee, which has a slimming and anti-fat action.

70 €

### **REGENERATING TREATMENT WITH VITAMINS**

*50 minutes*

*Antioxidant and revitalising action.*

*Skin regeneration with vitamins and stem cells.*

Renews the skin, promotes oxygenation, the recovery of tone, elasticity and hydration, fighting the formation of skin imperfections.

80 €

## **REVITALISING ANTI-AGE GOLD TREATMENT**

*50 minutes*

*The skin regains its splendour with Eternal Gold. Suitable for mature and dull skin.*

It improves elasticity and nourishes and protects the skin, making it perfectly smooth, perfumed and lightly illuminated.

80 €

## **ENERGISING TREATMENT WITH ORANGE AND SPICES**

*50 minutes*

*Energising and anti-ageing action. Ideal for promoting skin elasticity.*

Peeling and massage with orange and chilli-perfumed butter that reactivates the skin, making it soft and hydrated.

80 €

## **HAND ANTI-AGEING TREATMENT**

*50 minutes*

*Smoothing, rejuvenating and lightening action.*

*Suitable for regenerating the skin of the hands.*

The main active ingredients of this treatment are glycolic acid, with an exfoliating action, plant collagen, with a lifting action, and shea butter with a hydrating thermal water base.

70 €

## **BODY BRUSH CON CANDLE MASSAGE**

*50 minutes*

*Exfoliating and rehydrating action.*

Reactivating body treatment that stimulates microcirculation through delicate exfoliation carried out on dry skin with natural fibre brushes, preparing the skin for a warm and enveloping candle massage with vegetable butters.

70 €



## **BALANCING TREATMENT WITH WARM BUNDLES**

*50 minutes*

*A sweet and enveloping ritual for relaxing the body and mind.*

A warm touch perfumed with herbs, which stretches your muscles and stimulates circulation, creating a feeling of well-being.

80 €

## **PERFUMED BODY SCRUB**

*25 minutes*

Gentle exfoliation of the body with floral or fruity notes, for renewed skin.

45 €

## **SCRUB AND MUD**

**50 minutes**

Self treatment with scrub from our cosmetic line and thermal mud, relax in the Jacuzzi and fruit drinks for 2. Scrub used for the treatment as a gift: to bring the spa experience at home.

70€ per couple

## **THERMAL MUDS FOR THE BODY**

### **BALANCING AND EMOLLIENT THERMAL MUD**

*50 minutes*

*Soothing and relaxing action. Suitable for all skin types. Cosmetic treatment with lukewarm thermal mud with rose petals, rich in trace elements and minerals, including jojoba oil and its soothing properties.*

70 €

### **REDUCING AND SLIMMING THERMAL MUD**

*50 minutes*

*Reducing action. Suitable for all skin types.*

Cosmetic treatment with warm thermal mud that, combined with the active ingredients of bay, sandalwood, grapefruit, jojoba and cedar essential oils, favours the drainage of excess liquids. 70 €

### **LEG DETOX THERMAL MUD**

*50 minutes*

*Refreshing and draining action.*

*Suitable for those who suffer from swelling of the lower limbs.*

Cosmetic treatment with lukewarm-cold thermal mud plus lavender, helichrysum, jojoba and cypress essential oils, which create a feeling of lightness and freshness in the legs.

70 €

### **HANDS THERMAL MUD**

*25 minutes*

*Anti-fatigue, exfoliating and emollient action.*

Cosmetic treatment with warm thermal mud and a short massage with hydrating butter with an olive or pomegranate aroma, creating a luminous and velvety appearance.

45 €

## **FEET THERMAL MUD**

*25 minutes*

*Creates a feeling of relief and skin with a silky touch. Suitable for tired and exhausted feet.*

Cosmetic treatment with lukewarm thermal mud and a short massage with hydrating butter with an olive or pomegranate aroma, which adds softness.

45 €

## **BODY MESSAGES**

### **RELAX MASSAGE**

*25 minutes*

It is a massage that uses a delicate cream with an oil essence to regenerate the mind and the body.

50 €

### **LOCALISED LEGS MASSAGE**

*25 minutes*

Removes tiredness from the muscles of the legs.

50€

### **BACK-NECK MASSAGE**

*25 minutes*

Massage focusing on the dorsal and neck area; a gentle relaxing massage. 50€

### **FACE MASSAGE**

*25 minutes*

It is a relaxing massage focused on reshaping the profile of face, neck and neckline, favouring draining and skin blood supply. 50 €

### **FOOT MASSAGE WITH LAVENDER**

*25 minutes*

Foot massage to stimulate energy and relieve tension. The essence of lavender promotes relaxation.

50 €

### **DRAINAGE MASSAGE**

*50 minutes*

Massaging movements that help move and eliminate excess fluids, counteracting fatty deposits.

80 €

### **SPORTS MASSAGE**

*50 minutes*

Specifically for loosening muscle tension.

80 €

### **BODY MASSAGE WITH VEGETABLE BUTTERS**

*50 minutes*

Nourishing and enveloping, with the pleasant aroma of olive or pomegranate.

80 €

### **SPA MASSAGE WITH OLIVE RELAX OIL OR ARGAN BIO OIL**

*50 minutes*

Massage that, thanks to olive oil or argan oil rich in vitamins and substances free radicals, moisturises and nourishes the skin.

80 €

### **CUDDLE CORNER**

Relax dedicated to couples with 25' couple massage and fruit drinks served in the cabin. 2 thermal mud soaps of our cosmetic line as a gift  
80€ per couple

Relax dedicated to couples with 50' couple massage and fruit drinks served in the cabin. 2 thermal mud soaps of our cosmetic line as a gift  
140€ per couple

## **BEAUTY DETAILS**

Nail polish *15 minutes*

10 €

Manicure *50 minutes*

35 €

Pedicure *50 minutes*

45 €

Full leg epilation *50 minutes*

40 €

Half leg/arm epilation *25 minutes*

25 €

Groin epilation *20 minutes*

20€

Armpits epilation *20 minutes*

15€

Face epilation *10 minutes*

15 €

Man's back or chest epilation *40 minutes*

40 €





